

# 2023

THIS IS TO CERTIFY THAT  
**CORNE HELBERG**  
**1D 14268**  
COMPLETED THEIR  
**11th**

**109KM CAPE TOWN CYCLE TOUR**  
ON SUNDAY, 12 MARCH 2023  
IN A TIME OF

**3 hrs 11 mins 7.0 secs**

Average Speed: 34.22 km/h  
Overall Position: 1048 out of 18135  
Position Male: 1011 out of 14452  
Position in Group 1D: 11 out of 334  
Position - M Elite: 129 out of 1038



**KEN STURGEON**

Cape Town Cycle Tour Trust Chairman

