

# 2023

THIS IS TO CERTIFY THAT  
**ALEX BLAKE**  
@ 1277  
COMPLETED THEIR  
**4th**

**109KM CAPE TOWN CYCLE TOUR**  
ON SUNDAY, 12 MARCH 2023  
IN A TIME OF

**2 hrs 50 mins 39.5 secs**

Average Speed: 38.32 km/h

Overall Position: 199 out of 18135

Position Male: 195 out of 14452

Position in Group @: 67 out of 234

Position - M 45-49: 16 out of 1800



**KEN STURGEON**

Cape Town Cycle Tour Trust Chairman

