

# 2023

THIS IS TO CERTIFY THAT  
**OCKERT GROENEWALD**  
**1A 11345**  
COMPLETED THEIR  
**29th**

**109KM CAPE TOWN CYCLE TOUR**  
ON SUNDAY, 12 MARCH 2023  
IN A TIME OF

**3 hrs 8 mins 16.7 secs**

Average Speed: 34.74 km/h

Overall Position: 880 out of 18135

Position Male: 851 out of 14452

Position in Group 1A: 207 out of 386

Position - M 45-49: 97 out of 1800



**KEN STURGEON**

Cape Town Cycle Tour Trust Chairman

