

# 2023

THIS IS TO CERTIFY THAT  
**GARTH ELLIOTT**  
**4A 41235**  
COMPLETED THEIR  
**12th**

**109KM CAPE TOWN CYCLE TOUR**  
ON SUNDAY, 12 MARCH 2023  
IN A TIME OF  
**4 hrs 38 mins 30.2 secs**

Average Speed: 23.48 km/h

Overall Position: 10014 out of 18135

Position Male: 8485 out of 14452

Position in Group 4A: 144 out of 358

Position - M 55-59: 1080 out of 1852

