

# 2023

THIS IS TO CERTIFY THAT  
**LIONEL PINTO  
& 10905**  
COMPLETED THEIR  
**7th**

## 109KM CAPE TOWN CYCLE TOUR

ON SUNDAY, 12 MARCH 2023

IN A TIME OF

### 3 hrs 25 mins 6.6 secs

Average Speed: 31.89 km/h

Overall Position: 1976 out of 18135

Position Male: 1856 out of 14452

Position in Group &: 218 out of 228

Position - M 35-39: 229 out of 1417



**KEN STURGEON**

Cape Town Cycle Tour Trust Chairman

