



**CAPE TOWN CYCLE TOUR** | **Pick n Pay**

ROTARY • PEDAL POWER ASSOCIATION

THIS IS TO CERTIFY THAT

**ALAN JOHN LOVEGROVE**

COMPLETED THE  
**CAPE TOWN CYCLE TOUR**  
**109KM**  
ON 10 MARCH 2019  
**3D 33217**

**4 hrs 51 mins 11.9 secs**

Average Speed: 22.46 km/h

**Pick n Pay**  
Overall Position: 11757 out of 23143

Position Male: 10189 out of 18722

Position in Group 3D: 347 out of 438

Position - M 70-74: 139 out of 411

**2019**



*Lester Cameron*

**LESTER CAMERON**

CAPE TOWN CYCLE TOUR TRUST CHAIRMAN

