



**CAPE TOWN CYCLE TOUR** | **Pick n Pay**

ROTARY • PEDAL POWER ASSOCIATION

THIS IS TO CERTIFY THAT

**LARS FRANZSEN**

COMPLETED THE  
**CAPE TOWN CYCLE TOUR**  
**109KM**  
ON 10 MARCH 2019

**1A 10166**

**3 hrs 42 mins 51.1 secs**

Average Speed: 29.35 km/h

**Pick n Pay**  
Overall Position: 2951 out of 23143

Position Male: 2773 out of 18722

Position in Group 1A: 184 out of 190

Position - M U23: 130 out of 529

**2019**



*Lester Cameron*

**LESTER CAMERON**

CAPE TOWN CYCLE TOUR TRUST CHAIRMAN

