



CAPE TOWN **CYCLE TOUR** | Pick n Pay

ROTARY • PEDAL POWER ASSOCIATION

THIS IS TO CERTIFY THAT

TYRONE DE VRIES

COMPLETED THE
CAPE TOWN CYCLE TOUR
109KM

ON 10 MARCH 2019

3D 33411

4 hrs 31 mins 40.1 secs

Average Speed: 24.07 km/h

Pick n Pay
Overall Position: 9243 out of 23143

Position Male: 8157 out of 18722

Position in Group 3D: 242 out of 438

Position - M 50-54: 1210 out of 2603

2019



LESTER CAMERON

CAPE TOWN CYCLE TOUR TRUST CHAIRMAN

