



CAPE TOWN CYCLE TOUR | **Pick n Pay**

ROTARY • PEDAL POWER ASSOCIATION

THIS IS TO CERTIFY THAT

LIONEL PINTO

COMPLETED THE
CAPE TOWN CYCLE TOUR
109KM
ON 10 MARCH 2019
& 2102

3 hrs 0 mins 9.6 secs

Average Speed: 36.30 km/h

Pick n Pay
Overall Position: 119 out of 23143

Position Male: 116 out of 18722

Position in Group &: 4 out of 221

Position - M 30-34: 17 out of 1490

2019



LESTER CAMERON

CAPE TOWN CYCLE TOUR TRUST CHAIRMAN

