



# 2014

THIS IS TO CERTIFY THAT

**MARKUS POPKEN**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**L 14239**

**3 hrs 25 mins 7.9 secs**

Average Speed: 31.88 km/h

Overall Position: 2601 out of 31225

Position Male: 2417 out of 24541

Position in Group L: 55 out of 513

Position - M 50-54: 223 out of 3028

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

