



2014

THIS IS TO CERTIFY THAT

RUSSELL DE JAGER

COMPLETED THE
Cape Argus Pick n Pay momentum CYCLE TOUR

109km

on

09 MARCH 2014

C 2138

2 hrs 54 mins 12.1 secs

Average Speed: 37.54 km/h

Overall Position: 219 out of 31225

Position Male: 213 out of 24541

Position in Group C: 2 out of 246

Position - M 45-49: 9 out of 3459

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

STEPHEN HAYWARD

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

