



# 2014

THIS IS TO CERTIFY THAT

**ROB JONES**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**KT 10115**

**5 hrs 13 mins 30.0 secs**

Average Speed: 20.86 km/h

Overall Position: 21139 out of 31225

Position Tandem: 509 out of 775

Position in Group Kt: 230 out of 256

Position - Male Tdm: 137 out of 185

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

