



# 2014

THIS IS TO CERTIFY THAT

**JOSHUA BIRCH**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**E 4292**

**3 hrs 15 mins 29.3 secs**

Average Speed: 33.46 km/h

Overall Position: 1590 out of 31225

Position Male: 1483 out of 24541

Position in Group E: 135 out of 208

Position - M U19: 42 out of 511

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

