



# 2014

THIS IS TO CERTIFY THAT

**ALAN JOHN LOVEGROVE**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**BB 27484**

**4 hrs 45 mins 23.1 secs**

Average Speed: 22.92 km/h

Overall Position: 16519 out of 31225

Position Male: 14141 out of 24541

Position in Group BB: 570 out of 740

Position - M 65-69: 361 out of 763

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

