



2014

THIS IS TO CERTIFY THAT

TYRONE DE VRIES

COMPLETED THE
Cape Argus Pick n Pay momentum CYCLE TOUR

109km

on

09 MARCH 2014

ND 46048

5 hrs 14 mins 22.2 secs

Average Speed: 20.80 km/h

Overall Position: 21270 out of 31225

Position Male: 17726 out of 24541

Position in Group ND: 69 out of 244

Position - M 45-49: 2634 out of 3459

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

STEPHEN HAYWARD

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

