



# 2014

THIS IS TO CERTIFY THAT

**BRENDON ACHMAT**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**Z 25535**

**4 hrs 16 mins 58.8 secs**

Average Speed: 25.45 km/h

Overall Position: 11411 out of 31225

Position Male: 10032 out of 24541

Position in Group Z: 360 out of 717

Position - M 30-34: 988 out of 2511

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

