



# 2014

THIS IS TO CERTIFY THAT

**AQEELAH ARENDSE**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**SS 39803**

**5 hrs 1 mins 35.8 secs**

Average Speed: 21.69 km/h

Overall Position: 19209 out of 31225

Position Female: 2459 out of 5909

Position in Group SS: 268 out of 631

Position - F U17: 14 out of 59

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

