



2014

THIS IS TO CERTIFY THAT

ANTHONY MANAS

COMPLETED THE
Cape Argus Pick n Pay momentum CYCLE TOUR

109km

on

09 MARCH 2014

RR 38824

5 hrs 40 mins 26.4 secs

Average Speed: 19.21 km/h

Overall Position: 24890 out of 31225

Position Male: 20364 out of 24541

Position in Group GA: 322 out of 588

Position - M 45-49: 2962 out of 3459

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

STEPHEN HAYWARD

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

