



# 2014

THIS IS TO CERTIFY THAT

## **KHULEKANI NGCONGO**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**F 5623**

**3 hrs 28 mins 16.4 secs**

Average Speed: 31.40 km/h

Overall Position: 2985 out of 31225

Position Male: 2767 out of 24541

Position in Group H: 286 out of 534

Position - M 30-34: 278 out of 2511

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

