



2014

THIS IS TO CERTIFY THAT

LEN WATKINS

COMPLETED THE
Cape Argus Pick n Pay momentum CYCLE TOUR

109km

on

09 MARCH 2014

G 6015

3 hrs 26 mins 22.8 secs

Average Speed: 31.69 km/h

Overall Position: 2746 out of 31225

Position Male: 2549 out of 24541

Position in Group G: 351 out of 541

Position - M 70-74: 8 out of 293

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

STEPHEN HAYWARD

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

