



# 2014

THIS IS TO CERTIFY THAT

**FRANCOIS ENGELS**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**B 1320**

**3 hrs 8 mins 56.6 secs**

Average Speed: 34.62 km/h

Overall Position: 1058 out of 31225

Position Male: 992 out of 24541

Position in Group B: 175 out of 231

Position - M 50-54: 58 out of 3028

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

