



# 2014

THIS IS TO CERTIFY THAT

**OCKERT GROENEWALD**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**VA 506**

**2 hrs 58 mins 45.0 secs**

Average Speed: 36.59 km/h

Overall Position: 417 out of 31225

Position Male: 392 out of 24541

Position in Group VA: 68 out of 84

Position - M 35-39: 70 out of 3012

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

