



2014

THIS IS TO CERTIFY THAT

TONY MIEK

COMPLETED THE
Cape Argus Pick n Pay momentum CYCLE TOUR

109km

on

09 MARCH 2014

D 3135

3 hrs 2 mins 40.0 secs

Average Speed: 35.80 km/h

Overall Position: 607 out of 31225

Position Male: 568 out of 24541

Position in Group D: 26 out of 186

Position - M 50-54: 25 out of 3028

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

STEPHEN HAYWARD

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

