



# 2014

THIS IS TO CERTIFY THAT

**ANDY SHIER**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**AA 26017**

**4 hrs 18 mins 38.1 secs**

Average Speed: 25.29 km/h

Overall Position: 11716 out of 31225

Position Male: 10294 out of 24541

Position in Group AA: 361 out of 836

Position - M 55-59: 890 out of 2305

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

