



# 2014

THIS IS TO CERTIFY THAT

**JEROMY VAN ZYL**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**U 21043**

**4 hrs 4 mins 19.8 secs**

Average Speed: 26.77 km/h

Overall Position: 9229 out of 31225

Position Male: 8232 out of 24541

Position in Group U: 515 out of 769

Position - M 60-64: 377 out of 1444

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

