



2014

THIS IS TO CERTIFY THAT

ASHLEY VAN DER WALT

COMPLETED THE
Cape Argus Pick n Pay momentum CYCLE TOUR

109km

on

09 MARCH 2014

Q 17221

5 hrs 5 mins 9.5 secs

Average Speed: 21.43 km/h

Overall Position: 19791 out of 31225

Position Male: 16633 out of 24541

Position in Group PA: 108 out of 456

Position - M 45-49: 2487 out of 3459

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

STEPHEN HAYWARD

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

