



# 2014

THIS IS TO CERTIFY THAT

**RICCARDO STERMIN**

COMPLETED THE  
**Cape Argus Pick n Pay momentum CYCLE TOUR**

109km

on

09 MARCH 2014

**VM 776**

**3 hrs 20 mins 3.8 secs**

Average Speed: 32.69 km/h

Overall Position: 2009 out of 31225

Position Male: 1863 out of 24541

Position in Group F: 319 out of 529

Position - M 50-54: 154 out of 3028

An Official Event of the **Cape Argus Pick n Pay momentum Lifecycle Week**

**STEPHEN HAYWARD**

CHAIRMAN | CAPE TOWN CYCLE TOUR TRUST

