









#### This is to certify that

### **NORMA SALMON**

completed the

# Cape Argus Pick n Pay CYCLE TOUR (109KM)

on 10 March 2013

### M 12269

## 3 hrs 38 mins 59.1 secs

Average Speed: 29.87 km/h

Overall Position: 5572 out of 31666

Position Female: 370 out of 6229

Position in Group M: 235 out of 436

Position - F 50-54: 33 out of 697







































































