



This is to certify that

**JOHN ZYLSTRA**

completed the  
**Cape Argus Pick n Pay CYCLE TOUR (109KM)**  
on 10 March 2013

**G 7358**

**3 hrs 19 mins 8.7 secs**

Average Speed: 32.84 km/h

Overall Position: 2394 out of 31666

Position Male: 2223 out of 24685

Position in Group G: 128 out of 432

Position - M 45-49: 296 out of 3446

Eion Brown

CHAIRMAN: CAPE TOWN CYCLE TOUR TRUST



Claremont

