



# 2012

THIS IS TO CERTIFY THAT

**SELWYN SHANDEL**

COMPLETED THE

**Cape Argus Pick n Pay CYCLE TOUR (110KM)**

ON 11 MARCH 2012

**VM 942**

**3 hrs 2 mins 25.0 secs**

Average Speed: 36.18 km/h

Overall Position: 695 out of 29841

Position Male: 636 out of 23448

Position in Group VM: 34 out of 61

Position - M 50-54: 37 out of 2806

Stephen Hayward  
Chairman: Cape Town Cycle Tour Trust



Claremont

