

2012

THIS IS TO CERTIFY THAT

LYDIA DE LANGE

COMPLETED THE

Cape Argus Pick n Pay CYCLE TOUR (IIOKM)

ON 11 MARCH 2012

HH 33151

4 hrs 7 mins 57.3 secs

Average Speed: 26.62 km/h

Overall Position: 10015 out of 29841

Position Female: 944 out of 5632

Position in Group HH: 98 out of 685

Position - F 55-59: 24 out of 270







