

## 2012

## THIS IS TO CERTIFY THAT

## **PAUL VAN WOUDENBERG**

COMPLETED THE

Cape Argus Pick n Pay CYCLE TOUR (IIOKM)

ON 11 MARCH 2012

**VB 654** 

2 hrs 59 mins 16.5 secs

Average Speed: 36.82 km/h

Overall Position: 540 out of 29841

Position Male: 499 out of 23448

Position in Group VB: 87 out of 176

Position - M 45-49: 40 out of 3273







