

# 2012

#### THIS IS TO CERTIFY THAT

## **CORNE HELBERG**

COMPLETED THE

Cape Argus Pick n Pay CYCLE TOUR (IIOKM)

ON 11 MARCH 2012

### A 1176

#### 2 hrs 53 mins 6.0 secs

Average Speed: 38.13 km/h

Overall Position: 186 out of 29841

Position Male: 173 out of 23448

Position in Group A: 1 out of 266

Position - M Junior: 7 out of 535







