



2012

THIS IS TO CERTIFY THAT

TONY MIEK

COMPLETED THE

Cape Argus Pick n Pay CYCLE TOUR (110KM)

ON 11 MARCH 2012

H 8320

3 hrs 12 mins 43.4 secs

Average Speed: 34.25 km/h

Overall Position: 1505 out of 29841

Position Male: 1391 out of 23448

Position in Group H: 14 out of 477

Position - M 45-49: 153 out of 3273

Stephen Hayward
Chairman: Cape Town Cycle Tour Trust



Claremont

