



# 2012

THIS IS TO CERTIFY THAT

**JOHN ZYLSTRA**

COMPLETED THE

**Cape Argus Pick n Pay CYCLE TOUR (110KM)**

ON 11 MARCH 2012

**G 7539**

**3 hrs 23 mins 52.0 secs**

Average Speed: 32.37 km/h

Overall Position: 2769 out of 29841

Position Male: 2530 out of 23448

Position in Group H: 142 out of 477

Position - M 45-49: 336 out of 3273

Stephen Hayward  
Chairman: Cape Town Cycle Tour Trust



Claremont

