



THIS IS TO CERTIFY THAT

**NORMA SALMON**

COMPLETED THE

**Cape Argus Pick n Pay CYCLE TOUR (110KM)**  
ON 13 MARCH 2011

**S 10777**

**3 hrs 43 mins 51.9 secs**

Average Speed: 29.48 km/h

Overall Position: 7282 out of 28702

Position Female: 553 out of 5469

Position in Group S: 227 out of 509

Position - F 50-54: 40 out of 570



*Mark Lancaster*

Mark Lancaster  
CHAIRMAN: Cape Town Cycle Tour Trust

