



THIS IS TO CERTIFY THAT
RUSSELL DE JAGER

COMPLETED THE
Cape Argus Pick n Pay CYCLE TOUR (110KM)
 ON 13 MARCH 2011

VB 812

2 hrs 51 mins 15.8 secs

- Average Speed: 38.54 km/h
- Overall Position: 337 out of 28702
- Position Male: 310 out of 22557
- Position in Group VB: 10 out of 211
- Position - M 40-44: 17 out of 3361



Mark Lancaster
 Mark Lancaster
 CHAIRMAN: Cape Town Cycle Tour Trust

