



THIS IS TO CERTIFY THAT
SELWYN SHANDEL

COMPLETED THE
Cape Argus Pick n Pay CYCLE TOUR (110KM)
ON 13 MARCH 2011

VM 1163

2 hrs 57 mins 48.0 secs

- Average Speed: 37.12 km/h
- Overall Position: 765 out of 28702
- Position Male: 711 out of 22557
- Position in Group VM: 45 out of 88
- Position - M 50-54: 35 out of 2732



Mark Lancaster
Mark Lancaster
CHAIRMAN: Cape Town Cycle Tour Trust

