



THIS IS TO CERTIFY THAT

**ABI CROUCAMP**

COMPLETED THE

**Cape Argus Pick n Pay CYCLE TOUR (110KM)**

ON 13 MARCH 2011

**PC 34354**

**4 hrs 12 mins 54.5 secs**

Average Speed: 26.10 km/h

Overall Position: 12087 out of 28702

Position Female: 1188 out of 5469

Position in Group PC: 31 out of 513

Position - F 30-34: 156 out of 644



*Mark Lancaster*

Mark Lancaster  
CHAIRMAN: Cape Town Cycle Tour Trust

