



THIS IS TO CERTIFY THAT  
**JACQUES VAN STADEN**

COMPLETED THE  
**Cape Argus Pick n Pay CYCLE TOUR (110KM)**  
ON 13 MARCH 2011

**VA 457**

**2 hrs 51 mins 49.1 secs**

- Average Speed: 38.41 km/h
- Overall Position: 359 out of 28702
- Position Male: 332 out of 22557
- Position in Group VA: 102 out of 223
- Position - M 30-34: 59 out of 2158



*Mark Lancaster*  
Mark Lancaster  
CHAIRMAN: Cape Town Cycle Tour Trust

