



THIS IS TO CERTIFY THAT
STEPHEN ARENDS

COMPLETED THE
Cape Argus Pick n Pay CYCLE TOUR (110KM)
 ON 13 MARCH 2011

F 3571

3 hrs 26 mins 57.0 secs

Average Speed: 31.89 km/h
 Overall Position: 4426 out of 28702
 Position Male: 4046 out of 22557
 Position in Group F: 314 out of 409
 Position - M 40-44: 744 out of 3361



Mark Lancaster
 Mark Lancaster
 CHAIRMAN: Cape Town Cycle Tour Trust

