



THIS IS TO CERTIFY THAT
OCKERT GROENEWALD

COMPLETED THE
Cape Argus Pick n Pay CYCLE TOUR (110KM)
ON 13 MARCH 2011

VA 563

3 hrs 18 mins 12.9 secs

- Average Speed: 33.30 km/h
- Overall Position: 3065 out of 28702
- Position Male: 2831 out of 22557
- Position in Group VA: 213 out of 223
- Position - M 30-34: 347 out of 2158



Mark Lancaster
Mark Lancaster
CHAIRMAN: Cape Town Cycle Tour Trust

