



THIS IS TO CERTIFY THAT

JOHN ZYLSTRA

COMPLETED THE

Cape Argus Pick n Pay CYCLE TOUR (110KM)

ON 13 MARCH 2011

U 11788

3 hrs 27 mins 45.3 secs

Average Speed: 31.77 km/h

Overall Position: 4559 out of 28702

Position Male: 4153 out of 22557

Position in Group U: 37 out of 518

Position - M 45-49: 598 out of 3070



Mark Lancaster

Mark Lancaster
CHAIRMAN: Cape Town Cycle Tour Trust

