



2010

This is to certify that

SELWYN SHANDEL

successfully completed
The Cape Argus Pick n Pay Cycle Tour
on the 14th of March 2010

C 2269

3 hrs 16 mins 20.0 secs

Average Speed:	33.62 km/h
Overall Position:	651 out of 28035
Position Male:	603 out of 22143
Position in Group C:	21 out of 310
Position - M 50-54:	25 out of 2689

Stephen Hayward
CHAIRMAN, Cape Town Cycle Tour Trust



Claremont

