



2010

This is to certify that

STEPHEN ARENDS

successfully completed
The Cape Argus Pick n Pay Cycle Tour
on the 14th of March 2010

D 2816

3 hrs 47 mins 34.8 secs

Average Speed:	29.00 km/h
Overall Position:	3678 out of 28035
Position Male:	3374 out of 22143
Position in Group D:	307 out of 357
Position - M 40-44:	617 out of 3258

Stephen Hayward
CHAIRMAN, Cape Town Cycle Tour Trust

