



2010

This is to certify that

**ANTHONY ADLER**

successfully completed  
The Cape Argus Pick n Pay Cycle Tour  
on the 14th of March 2010

**J 5477**

**3 hrs 39 mins 31.2 secs**

Average Speed:	30.07 km/h
Overall Position:	2678 out of 28035
Position Male:	2470 out of 22143
Position in Group J:	53 out of 503
Position - M 55-59:	124 out of 1848

Stephen Hayward  
CHAIRMAN, Cape Town Cycle Tour Trust

