

This is to certify that

## **SELWYN SHANDEL**

successfully completed the Cape Argus Pick n Pay Cycle Tour on the 8th of March 2009

## D 3161

## 3 hrs 31 mins 2.3 secs

Average Speed: 31.27 km/h

Overall Position: 1462 out of 25547

Position Male: 1364 out of 20650

Position in Group D: 147 out of 374

Position - M 45-49: 152 out of 2910





