

2009



This is to certify that

STEPHEN ARENDS

successfully completed
the Cape Argus Pick n Pay Cycle Tour
on the 8th of March 2009

G 4549

3 hrs 33 mins 35.5 secs

Average Speed: 30.90 km/h

Overall Position: 1653 out of 25547

Position Male: 1544 out of 20650

Position in Group G: 55 out of 490

Position - M 35-39: 299 out of 2923

MARK LANCASTER
CHAIRMAN: CAPE TOWN CYCLE TOUR TRUST



Claremont

