

# 2009



This is to certify that

**ANTHONY ADLER**

successfully completed  
the Cape Argus Pick n Pay Cycle Tour  
on the 8th of March 2009

**F 4135**

**3 hrs 56 mins 49.7 secs**

Average Speed: 27.87 km/h

Overall Position: 3989 out of 25547

Position Male: 3675 out of 20650

Position in Group F: 351 out of 445

Position - M 55-59: 185 out of 1626

MARK LANCASTER  
CHAIRMAN: CAPE TOWN CYCLE TOUR TRUST



Claremont

