

This is to certify that

LEONARD WATKINS

successfully completed the Cape Argus Pick n Pay Cycle Tour on the 8th of March 2009

C 2491

3 hrs 23 mins 1.8 secs

Average Speed: 32.51 km/h

Overall Position: 832 out of 25547

Position Male: 771 out of 20650

Position in Group C: 49 out of 310

Position - M 65-69: 2 out of 440





